

Parent Information sessions:

Introduction to CYP Mental Health:

Monday 1st April 09:30 – 11:00 at Moor End Academy

Thursday 13th June 09:30—11:00 at Northorpe Hall, Mirfield

Understanding Behaviour as Communication:

Monday 8th April 10:00 – 11:30 at Pack Horse Centre, Huddersfield

Thursday 16th June 09:30-11:00 at Northorpe Hall, Mirfield

Understanding and Supporting Anxiety:

Monday 29th April 09:30 – 11:00 at Moor End Academy

Thursday 6th June 09:30-11:00 at Northorpe Hall, Mirfield

Positive Communication and Attachment:

Wednesday 13th March 12:30-14:00 at Northorpe Hall, Mirfield

Monday 13th May 10:00 – 11:30 at Pack Horse Centre, Huddersfield

Thursday 23rd May 09:30-11:00 at Northorpe Hall, Mirfield

Introduction to Self-Harm:

Wednesday 20th March 12.30-14:00 at Northorpe Hall, Mirfield

Thursday 2nd May 09:30 – 11:00 at Northorpe Hall, Mirfield

Monday 20th May 09:30 – 11:00 at Moor End Academy

Maintaining Positive Emotional Well-being:

Tuesday 26th March 12.30-14:00 at Northorpe Hall, Mirfield

Thursday 11th April 09:30-11:00 at Northorpe Hall, Mirfield

Monday 3rd June 09:30 – 11:00 at Moor End Academy

The Teenage Brain:

Thursday 16th May 09:30 – 11:00 at Northorpe Hall, Mirfield

Monday 10th June 09:30 – 11:00 at Moor End Academy

To book please contact Northorpe Hall 01924 492183